



Chop houses are a great British tradition that dates back hundreds of years. Originally, they were men only establishments where businessmen gathered to hatch deals over plates of traditionally cooked meats washed down by fine wines and good ales. Our modern chophouse is a more diverse affair welcoming all to our tables to enjoy a great dining experience whatever the occasion (if you want to hatch deals- go for it).

As all our dishes are freshly prepared our team has a good grasp on allergens and can advise and where possible amend any dishes to cater for allergens. Gluten | Crustacean | Molluscs | Eggs | Fish | Peanuts | Nuts | Soybeans | Milk | Celery | Mustard | Sesame | Lupin | Sulphur Dioxide
Please advise when placing your order of any allergens that we may need to be aware of.

Some items of our menu are available in the 'pub and frontages' with our main food offering being available in the restaurant.
Please note table service is only offered in the restaurant for operational and functional reasons and therefore we offer 1 course outside the restaurant.
Staff will be more than happy to find you a table should you want several courses.

As all our food is prepared and cooked to order the food inevitably has a waiting time which may be extended during busy periods.

SMALLER APPETITE

MINI FISH & CHIPS –with tartare sauce, chips & mushy peas **£6.45**

MINI ME BEEF BURGER - simply on brioche bun with salad garnish, our burger relish & fries **£5.95**

OR WHY NOT TRY A COUPLE OF SMALL PLATES OR OUR SALADS

BURGERS & DOGS

All served on brioche buns, with tomato, cucumber and onion accompanied by salad garnish and fries.

BEEF BURGER topped with pit pulled pork **£10.95**

SOFT SHELL CRAB BURGER – Battered soft shell crab, chilli, lime, coconut, cucumber & coriander dressing, **£11.25**

BREADED CHICKENBREAST with chorizo mayo **£9.95**

Have this simply chargrilled for a healthier option

SPICED BEAN & QUINOA BURGER with red onion chutney (v) **£8.25**

ADD ONION RINGS AND OR CHEESE FOR £1.50 EACH

SPICED WILD BOAR HOTDOG **£7.50**

Served on a sub roll with caramelised onions, pickles, fries & ketchup

A LOAD OF OLD BULL!

Our beef is aged a minimum of 21 days and as we cut steaks to order you can have your steak as big as you like by adding the extra ounces.

Our steaks come with sea salt and thyme seasoned chophouse chips, dressed leaves, roasted tomato and sautéed mushroom.

8 oz RIBEYE **£16.95** extra ounce **£1.50**

8 oz SIRLOIN **£17.95** extra ounce **£1.70**

A BOSTIN BIT OF BEEF! Slow cooked and served with allium, smoked potato croquette, 'groaty pudding', sautéed greens **£14.95**

STEAK SAUCES **£2.50**

PEPPERCORN | STILTON | MUSHROOM & RED WINE

CHOPHOUSE roasted onion, black pepper, mushroom & smoky jus

OUR CHIMICHURA – Fresh Herbs, Garlic, Chilli, Sea Salt and British Rapeseed oil

BIG PLATES

FAGGOTS – with smoked mashed potato, peas & smoked bacon, charred gem lettuce and real gravy **£10.25**

FISH PIE – with a smoked salmon, cod & crab medley in a creamy sauce with creamed pomme puree **£13.25**

GRESSINGHAM DUCK BREAST– crushed minted peas, slow cooked duck egg, duck fat chips & blackberry sauce **£15.75**

CHICKEN & CHIPS 'OUR WAY' breast, leg & thigh with wild mushroom, triple cooked chips, chicken gravy & salad garnish **£13.25**

A BOSTIN BIT OF BEEF! Slow cooked and served with allium, smoked potato croquette, 'groaty pudding', sautéed greens **£14.95**

FISH & CHIPS –with hand cut chips, batter bits, lemon wedge, mushy pea mayonnaise & crisp fresh sugar snap peas **£12.25**

PLOUGHMANS – game pork pie, scotch egg, ham, cheddar, stilton, pickled onion, homemade mini loaf, crisps, scratchings, apple and pickle (great as a sharer too) **£14.75**

'OUR FIDGET PIE' – Smoked Belly Pork, Poached Pork Cheek, Black Pudding, hot crust pastry, apple, potato & 'French onion' **£15.25**

SPRING LAMB- sautéed lamb rotolo with celeriac puree and a spring vegetable fricassee finished with a mint oil **£13.75**

VEGETARIAN

CHARGRILLED MEDITERANEAN VEGETABLE TAGLIATELLE (v) Finished with chimichura and parmesan **£9.75**

WILD MUSHROOM GNOCCHI (v) Homemade potato dumplings, in a creamy wild mushroom veloute finished with sage, parmesan and toasted pecans **£9.25**

MIXED BEAN CHILLI (v) With pearl barley pilaf & crispy garlic flat bread **£9.25**

SIDES

ALL SIDES PRICED AT £2.75

ADVOCADO, CHILLI & MINT SAALD (v)

PARMESAN FRIES (v)

THYME SALTED R&R HANDCUT CHIPS (v)

DAD'S SUPPER – BATTERED POTATO SCALLOPS WITH TOM SAUCE (v)

GREEN BEANS WITH CHILLI BUTTER (v)

GEM LETTUCE & WALNUT SALAD WITH HONEY & MUSTARD DRESSING (v)

GLUTEN FREE CRISP GARLIC & PARSLEY FLAT BREADS (v)

TOMATO & PICKLED ONION SALAD WITH SEA SALT & BLACK PEPPER (v)

PICKLED ONION RINGS (v)

KIMCHI HOUSE SLAW (v)

3 CHEESE MAC & CHEESE (v)

Why not add some chorizo, bacon or blue cheese? **£1.25 each**

DESSERTS

ICE CREAM SCOOP – SEE OUR TEAM FOR AVAILABLE ICE CREAMS **£1.00**

LEMON MERINGUE (v) lemon curd, ice cream, 'meringues', shortbread, charred, mousse **£5.95**

STRAWBERRIES & CREAM PAVLOVA - white choc ice cream **£4.95**

BLACK FOREST (v) Brownie, vanilla cream, 'cherries' **£5.95**

CHOCOLATE ORANGE KNICKERBOCKER GLORY **£4.95**

RASPBERRY & AMERETTO BREAD & BUTTER PUDDING –white chocolate custard **£4.75**

CHEESE & BISCUITS – mature, blue & guest cheese **£5.25**

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SWEET TIN – a selection of petite fours with coffee or tea **£5.25**

STRAW THAT BROKE THE CAMELS BACK small chocolate & hazelnut mousse with biscuits **£2.75**



FANCY 10% OFF YOUR FOOD BILL?

YOU HAVE PROBABLY DONE IT ALREADY SO WHY NOT GRAB YOURSELF A DISCOUNT IN 3 SIMPLE STEPS?
1. POST A PHOTO AND SHARE IT ON OUR FACEBOOK PAGE | 2. SHOW OUR TEAM | 3. GET 10% OFF YOUR FOOD BILL

HEY SPRING IS HERE TO CHEER US ALL UP
AFTER THE WINTER GLOOM AND SO ARE OUR
GREAT OFFERS! IF THESE DON'T BRING A
SMILE TO YOUR WALLET & PURSE NOTHING
WILL.

EVENING DINNER 2 MAINS FOR £12 MENU

Enjoy 2 main meals from our offers menu which will
feature some staples and some specials every
week.

You can still enjoy starters, appetiser, desserts etc.
from our regular menu but take advantage of these
great value mains during the midweek.

GREAT 2 COURSE LUNCH FOR £10

Take advantage of our special lunch menu
choosing either a starter or dessert to accompany
your mains for just £10.
YES JUST £10

FRUIT WINES

The River & Rail is synonymous with fruit wines and we
have a fantastic range of wines available not only by the
glass but also by the bottle which is great to take away.

Birch | Damson | Cherry | Apricot
Peach | Blackcurrant | Blackbeer & Raisin
Nettle | Elderflower | Cranberry | Plum

125ml £3.75

Bottle £12.95

KIDDIES MENU

Ages 4 -7 years

STARTERS £2.00

ROASTED TOMATO SOUP
GARLIC FLATBREADS
NACHOS & CHEESE
BAKED BREADS
ROOT VEGETABLE CRISPS

MAINS £2.75 Served with 2 sides of your choice

CHICKEN GOUJONS
MAC & CHEESE
FISH GOUJONS
BEEF BURGER
TAGLIATELLE WITH CHARGRILLED MED VEG (COMPLETE DISH)

DESSERTS £2.00

ICE CREAM SUNDAE Strawberry / Vanilla / Chocolate
GLUTEN FREE BROWNIE with vanilla ice cream
FRUIT BOWL

JUNIOR MENU

Ages 7 - 14 years

STARTERS £2.50

ROASTED TOMATO SOUP
GARLIC FLATBREADS
NACHOS & CHEESE
BAKED BREADS
'DAD'S SUPPER' POTATO SCALLOPS WITH HOMEMADE KETCHUP

MAINS £4.25 served with 3 sides of your choice

CHICKEN GOUJONS
MAC & CHEESE
MINI FISH
BEEF BURGER
VENNISON CHILLI
TAGLIATELLE WITH CHARGRILLED MED VEG (COMPLETE DISH)

DESSERTS £2.00

ICE CREAM SUNDAE Strawberry / Vanilla / Chocolate
GLUTEN FREE BROWNIE with vanilla ice cream
FRUIT BOWL

SIDES (extra sides £1.25 each)

CHIPS	FRIES	MASHED POTATOES
CUCUMBER	TOMATO	SALAD LEAVES
CARROTS	BROCCOLI	GREEN BEANS
GRAVY	BAKED BEANS	BREAD & BUTTER
NEW POTATOES	SWEETCORN	CHEESE STICKS

DRINKS MENU

A FEW SUGGESTIONS

Prosecco Frizzante, Treviso, Italy 200ml single serve		£5.50
WINES BY THE GLASS	175ml	250ml

White		
Vetriano Garganega / Pinot Grigio, Venetie, Italy	£3.00	£4.90
Pacamaya Sauvignon Blanc, Valle Central, Chile	£3.70	£4.90
Lyrebird Chardonnay, South Eastern Australia	£3.70	£4.90
Rose		
Amanti del Vino, Pinot Grigio Rosato, Venato, Italy	£3.70	£4.90
Waters Edge White Zinfandel, California, USA	£3.70	£4.90
Reds		
Pacamaya Merlot, Valle Central, Chile	£3.70	£4.90
Lyrebird Shiraz, South Eastern Australia	£3.70	£4.90
Pampas del Sur Malbec, Mendoza, Argentina	£3.70	£4.90

J20 (various flavours)		£2.60
Britvic 55 (apple & orange)		£2.60
Fruit Shoots (Blackcurrant & orange)		£1.00
Bottle Water (Single Serve - Sparkling and Still)		£2.40
Britvic Juices and Mixers		£1.75
Draught Pepsi/ Diet Pepsi / Lemonade	dash 35p	sm £1.70 lrg £2.80
Tea / Coffee / Hot Chocolate	Cup £2.15	Mug £3.50
Cordial Dash		35p

BOTTLES

WKD / Smirnoff Ice / Alco pops		£3.30
Premium Lagers (Peroni / Budweiser / Corona)		£2.75
Gluten Free Beer		£2.75
Bottled Ciders	From	£3.80
Bavaria Alcohol free		£2.80

Draughts	½	Pint
Carling	£1.60	£3.20
Aspell Suffolk	£1.75	£3.50
Thatchers Haze	£1.75	£3.50
Birra Morretti	£2.05	£4.10
Rekordlig Apple	£2.10	£4.20
Budweiser	£1.80	£3.60
Hobgoblin	£1.65	£3.30

Spirits from		£2.60 (35ml)
HAND PULLS from	£1.70 ½ PINT	£3.40 PINT

TO GET YOU STARTED COCKTAILS

CLASSIC BLOODY MARY

Vodka, Tom Juice, Tabasco, Worcester Sauce **£6.25**

GIN O'CLOCK YET???

Rhubarb & Custard - Rhubarb Gin & Cream Soda **£4.50**

Tea for Maam - Sipsmith earl grey gin & Iced Tea **£4.75**

GIN 'MOJITO' - Mint, Soda, Lemon, Cucumber, Elderflower **£4.75**

BEES KNEES - Gin, Honey, Prosecco, Lemon **£5.95**

SEEDLIP DISTILLED NON-ALCOHOLIC SPIRITS

SPICE 94 - Aromatic & complex with all spice berry & citrus distillates

GARDEN 108 - Herbal & floral with hand picked pea & herbal distillates

simply topped with ice and Indian tonic water **£5.25**

LET'S GET READY TO RUM-BLE!!!!

MOJITO - White Rum, Mint, Soda & Lime **£4.75**

PINA COLADA - Spiced Rum, Coconut, Pineapple **£5.25**

CUBA LIBRA - Dark Rum, Cola & Lime **£4.50**

SMALL PLATES

Great as starters or light appetites

ROAST BARLEY & SPELT RISOTTO - with hazelnut, celeriac & onion, crispy kale and parmesan (v) **£6.95**

BLACK PUDDING SCOTCH EGG - with homemade brown sauce & rocket salad **£5.95**

MUSSELS - smoked bacon, cider and home baked bread **£5.75**

OUR PORK PIE - with pickled onion, mustard & stilton **£5.50**

GOATS CHEESE & ROAST ONION FLATBREAD SALAD (v) **£5.95**

HAM HOCK TERRINE - our piccalilli and leaves **£5.75**

BLACK COUNTRY GREY PAYS & BACON - with baked bread **£4.95**

'MUST TRY POT NOODLE' RAMEN - crispy chicken, noodles, edamame, vegetables with kimchi slaw & umami broth **£5.95**

'A TASTE OF SPANISH SUN' - Tender squid, chorizo, & caponata salad (sun kissed ratatouille) with a little sweet balsamic glaze **£6.75**

NACHOS - with avocado, tomato salsa, jalapenos, olives & melted cheddar (v) **£5.95**

ADD YOUR OWN TWIST TO YOUR NACHOS

MIXED BEAN CHILLI **£2.00**

SMOKED PIT PULLED PORK **£2.25**

WE ALSO HAVE A GREAT SELECTION OF SALADS
AVAILABLE AS STARTER OPTION.

SANDWICHES

SERVED FROM 12.00-7.00PM

ALL SERVED WITH A CHOICE OF SALAD / CHIPS / OR SOUP OF THE DAY

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SLOW ROASTED BEEF **£6.25**

With dripping & beef emulsion, caramelised onion & peppery salad

MATURE CHEDDAR (v) **£6.25**

With a choice of pickle / pickled onion / tomato / red onion

CHARGRILLED CHICKEN **£6.25**

With avocado, bacon, gem lettuce & Caesar dressing

PULLED PORK & STUFFING **£6.25**

Served with pig sticks and apple sauce

SMOKED SALMON **£6.50**

With cucumber, radish and light honey and mustard dressing

'FISH FINGER' Battered fish goujons with tartare sauce **£5.95**

FAGGOT BAP with gravy and a tasting of grey pays & bacon **£4.95**

SMOKED PIT PULLED PORK BAP with kimchi slaw & fries **£4.95**

BAR SNACKS | NIBBLES | APPETIZERS

SMALL NIBBLES WHILE YOU WAIT OR JUST TO SNACK ON

BAKED BREADS - Herb butter, balsamic & olive oil (v) **£4.25**

WHIPPED BEEF DRIPPING - with truffle oil, toasted bread, onion marmalade & home smoked salt **£3.25**

OLIVES - Mixed olives with herbs and home smoked salt (v) **£4.25**

FIRE PIT SMOKED CHICKEN WINGS coated with sea salt, black pepper & chilli - with burnt onion mayonnaise **£4.25**

TEMPURA OYSTER - with bloody Mary salsa & lemon (each) **£3.00**

BEEF JERKY - with homemade BBQ sauce **£4.25**

DAD'S SUPPER - beer battered potato 'scallops' / clondikes' with Homemade ketchup (v) **£3.25**

½ PINT OF PORK SCRATCHINGS - with apple sauce **£2.95**

THE COCKLE MAN - Pickled cockles & mussels popcorn **£3.95**

FISH PAKORA - wonderful nibbles of white fish in a spiced batter served with curried mayo and salad garnish **£3.25**

SOUPS

SOUP OF THE DAY **£4.25**

MINISTRONE - pasta, beans, vegetables, spice (v) **£5.50**

SMOKED HADDOCK CHOWDER - with torched sweetcorn **£6.25**

MOM'S COMFORTING SOUP

Whenever we were feeling a little rough or it was a miserable day we would have tomato soup and some mashed potato (probably smash to be fair). Although not gastronomic it was lovely.

Here is my grown up version with a fresh twist.

TOMATO & POTATO SOUP (v) **£6.25**

Roasted spiced tomato & white onion & potato veloute

SALADS

STARTER MAINS

ORIENTAL SMOKED MACKEREL SALAD **£4.25** **£7.25**

Pulled smoked mackerel fillets with pickled cucumber, sesame seeds coated leaves with soy & chilli dressing

BACON & HOMEMADE BLACK PUDDING **£4.95** **£7.95**

With 62 degree duck egg, tomatoes and balsamic dressing

SMOKED SALMON **£ 5.25** **£8.25**

With radish, watercress, cucumber & light honey & mustard dressing

CRAB & AVOCADO **£5.50** **£8.50**

White crab meat, pickled raisin, avocado and light lemon vinaigrette

GOATS CHEESE, BEETROOT & WALNUT (v) **£4.95** **£7.95**

Warm goats cheese, beets, roasted walnuts & pickled walnut dressing

CAJUN CHICKEN & SALSA **£4.95** **£8.95**

Chargrilled Cajun spiced chicken breast strips, salsa & balsamic

BLACK & BLUE **£6.50** **£11.50**

Charrred steak strips & stilton salad, red onion & balsamic dressing